3 Anticonvulsants

Patient name: _____ **Admission:** _____

DATE	NRS INITIAL

I. The client/caregiver can define purpose and action of anticonvulsant medications.

A. Anticonvulsants work with the central nervous system.
B. They depress any abnormal neuronal activity in the central nervous system that can produce seizure activity.

II. The client/caregiver can describe the desired outcome when using these medications.

A. Seizure activity will be eliminated without having adverse reactions.
B. Do not stop medications abruptly. Call your physician immediately if having problems.
C. Be aware of type or types of seizure prior to starting medication. Keep record of any seizure activity during use of medication.

III. The client/caregiver can list important teaching tips and possible adverse reactions.

A. Advise patient to avoid driving and other activities that require mental alertness until the effect of the specific drug is known.
B. Keep track of medication supply so as not to interrupt use. Do not stop abruptly.

DATE	NRS INITIAL

C. Watch for behavior changes, especially in children and older persons.
D. Report to physician if pregnancy is suspected.
E. Check medication label and discuss with pharmacist for any specific instructions in taking this type of medication, such as storage or if to be taken with food.
F. Acute or chronic alcohol abuse will interfere with this type of drug.
G. Wear a Medic Alert identification.
H. Avoid over-the-counter medications without consulting with physician.
I. Monitor for vitamin D, vitamin K, folic acid, and vitamin B deficiencies.

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