

NRS
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2. Reposition at least every 2 hours.
 3. Provide good oral care by frequent cleansing, and keep lips and oral mucosa moist and lubricated.
 4. Provide eye care to cleanse, and use of artificial tears as needed.
 5. Cleanse perineal areas after any incontinence.
 6. Keep client warm and comfortable by adjusting clothing or bedding as needed.
 7. Conserve the client's energy, and allow rest periods.
- H. Teach and involve family in client care.

VI. The caregiver provides spiritual and emotional needs of client.

- A. Allow the client to discuss death and any end of life issues.
- B. Request pastor or clergy to provide spiritual support.
- C. Spend time with client to assure him or her that he or she is not alone.
- D. Talk to the client even when nonresponsive because hearing is the last sense to leave.

VII. The caregiver can provide nutrition/fluids as tolerated.

- A. Give nutritional supplements such as Ensure, Boost, and so forth.
- B. Give small, frequent meals.

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- C. Give ground or pureed food as needed.
- D. Do not attempt food or liquids if unable to swallow.
- E. Vitamins and anti-nausea medications may increase appetite.
- F. Refer to increased calorie diet suggestions.

RESOURCES

National Hospice and Palliative Care Organization
www.nhpco.org

American Cancer Society
www.cancer.org

American Medical Association Advance Directives

REFERENCES

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