5 Blepharitis

Patient name: _____ **Admission:** _____

DATE	NRS INITIAL

I. The client/caregiver can define blepharitis.

A. It is an inflammation of the lash follicle on the eyelid.
B. It is caused by an excessive growth of bacteria creating an infection.

II. The client/caregiver can list other conditions that can be associated with this disease.

A. Seborrheic dermatitis
B. Allergies
C. Infestation of lice
D. Styes (inflamed oil gland on edge of eyelid)
E. Rosacea

III. The client/caregiver can list symptoms of blepharitis.

A. Eyelids will appear
- Crusted
- Reddened
- Swollen

B. The client will complain of itching and burning or a sensation that sand or dust is in the eye, causing irritation.

IV. The client/caregiver can list measures to treat or manage this condition.

A. Careful and routine cleansing should be done on the eyelid to remove excessive skin oil.

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B. Physician may recommend use of prescription shampoo or cleansers for hair.
C. If infection occurs, physician may order antibiotic ointments for use on eyelids.
D. Treat any condition contributing to the problem.
E. Maintain a good hand-washing technique.
F. Avoid rubbing eyes.
G. Follow the physician's orders regarding use of contact lenses.
H. Use gauze or soft cloth to cleanse eyelids once and discard or launder after use.

V. The client/caregiver can list possible complications of blepharitis.

A. Styes
B. Conjunctivitis
C. Corneal ulcer
D. Loss of eyelashes
E. Scarring of eyelids

REFERENCES

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