

5

Trichomoniasis

Patient name: _____

NRS
DATE INITIAL

Admission: _____

NRS
DATE INITIAL

- I. The client/caregiver can define trichomoniasis.
 - A. It is caused by the parasite *Trichomonas vaginalis*.
 - B. Transmission of the organism occurs via sex with an infected person.
 - C. It is the most common curable STD in young, sexually active women.
 - D. Diagnosis is made by microscopic exam of culture of penis or vagina.

- II. The client/caregiver can list symptoms for this disease.
 - A. If symptoms occur, they appear within 4 to 20 days of exposure.
 - B. Most men do not have symptoms. If they do have symptoms, they may have
 - “Tingling” or irritation inside the penis
 - Mild discharge
 - Slight burning after urination or ejaculation
 - C. Symptoms for women may be
 - Frothy, yellow-green vaginal discharge with strong odor
 - Discomfort during intercourse or urination
 - Itching or irritation to the female genital area

- III. The client/caregiver will list treatment and preventive measures for this disease.
 - A. Metronidazole (Flagyl) is used as an effective medication treatment.
 - B. Test for other sexually transmitted diseases (especially gonorrhea).

- C. Persons being treated should avoid sex until they and their sex partner(s) complete treatment.
- D. People can still be susceptible to reinfection.

RESOURCES

Community Health Clinic

Centers for Disease Control and Prevention

www.cdc.gov/std/

Healthy People 2010

www.health.gov/healthypeople

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