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# Disseminated Intravascular Coagulation

Patient name: \_\_\_\_\_ Admission: \_\_\_\_\_

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- I. The client/caregiver can define disseminated intravascular coagulation and list risk factors.**
- A. It is a disorder of the clotting factors. Small blood clots can form throughout the body and deplete the clotting mechanism. This leaves the body unprotected at sites of real tissue injury and unable to clot.
- B. Risk factors include the following:
- Blood infections
  - Severe tissue injury (burns, etc.)
  - Cancer
  - Reactions to blood transfusions
  - Obstetrical complications
  - Severe liver disease
- II. The client/caregiver can describe symptoms and possible complications.**
- A. Symptoms are as follows:
- Bleeding, possibly from multiple site in the body
  - Clot formation evidenced by bluish coloration of the fingers
  - Sudden and unexplained bruising

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- B. Possible complications are as follows:
- Severe bleeding
  - Stroke
  - A lack of blood flow to arms, legs, or major organs can cause tissue damage
- C. Seek emergency assistance if symptoms or complications occur.

**RESOURCES**

National Library of Medicine, MedlinePlus  
[www.medlineplus.gov](http://www.medlineplus.gov)

National Institutes of Health  
[www.nlm.nih.gov/](http://www.nlm.nih.gov/)

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