

NRS
DATE INITIAL

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- 3. Use soft-bristled toothbrush and mouthwash.
- 4. Use medications and ointments as ordered to decrease itchiness.
- 5. Obtain regular dental checkups.
- I. Prevent constipation with regular exercise and increased fiber.
- J. Keep follow-up appointments with physician and for laboratory tests.
- K. Take medications as ordered.
- L. Monitor and report to physician signs of bleeding, mental status changes, edema, elevated blood pressure, loss of appetite, weight loss or rapid weight gain, and skin breakdown.
- M. Wear Medic Alert bracelet.

VI. The client/caregiver can list possible complications.

- A. End-stage renal disease
- B. Congestive heart failure
- C. Hypertension
- D. A loss of blood from the gastrointestinal tract
- E. Hemorrhage
- F. Increased incidence of infection
- G. Hepatitis B, hepatitis C, liver failure
- H. Seizures
- I. Dementia
- J. Fractures and joint disorders
- K. Changes in glucose metabolism
- L. Electrolyte imbalance

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- M. Decreased libido, impotence
- N. Menstrual problems and infertility
- O. Dry, itchy skin with probable skin infections

RESOURCES

National Kidney Foundation
www.kidney.org

National Kidney and Urologic Diseases Information Clearinghouse
<http://kidney.niddk.nih.gov/about/index.htm>

Support groups

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