

NRS
DATE INITIAL

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- V. **The client/caregiver is aware of possible medical treatment.**
 - A. Suppression of hormone production with medication (check medication classification for thyroid medication)
 - B. Destruction of thyroid tissue with radioactive iodine
 - C. Surgical removal of part of the thyroid gland

- VI. **The client/caregiver is aware of signs and symptoms of possible complications.**
 - A. Thyroid storm or thyrotoxic crisis has a sudden onset with symptoms of high fever, very rapid heart rate, delirium, dehydration, and extreme irritability. Prompt treatment is necessary because it can be life threatening.
 - B. If untreated, thyroid disease can cause elevated cholesterol levels, heart disease, infertility, and osteoporosis.

American Thyroid Association
www.thyroid.org/

National Institutes of Health/Thyroid Disease
www.nlm.nih.gov/medlineplus/thyroiddiseases

Community support group

Dietician or nutritionist

REFERENCES

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RESOURCES

National Institute of Diabetes and Digestive and Kidney Diseases
www2.niddk.nih.gov/