

NRS
DATE INITIAL

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- L. Keep follow-up appointments with physician.
- M. Avoid over-the-counter medications or supplements unless approved by physician.
- N. Measure the size of affected extremity daily.
- O. Report increase in size of extremity, skin breakdown, redness, pain, warmth, and numbness.
- P. Keep follow-up appointments with physician.
- Q. Use Medic Alert bracelet or card to identify coagulation therapy if used.

VI. The client/caregiver is aware of possible complications.

- A. Pulmonary embolism
- B. Venous insufficiency
- C. Stroke

RESOURCES

Support groups for cessation of smoking and weight loss.

REFERENCES

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