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Nursing Care Plans and the Use of Teaching Guides

Patient name: _____ Admission: _____

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- I. The nurse plays a major role in two important concepts of healthcare.**
- A. Health promotion
 - B. Disease prevention
 - C. Reasons to adopt these two concepts are
 - More cost-effective
 - Increased client satisfaction
 - Faster recovery
 - D. The prevention focus is addressed at three levels:
 1. Primary prevention is the prevention of the initial occurrence of disease or injury.
 2. Secondary prevention is the early identification and treatment of disease or injury.
 3. Tertiary prevention maximizes the recovery after an illness or injury.
- II. The nurse is frequently responsible to initiate a client's plan of care. It is important to understand the components of a care plan. They are as follows:**
- A. Assessment
 - B. Diagnosis (nursing)
 - C. Determine outcomes (set goals or desired outcomes for client)
 - D. Plan interventions (actions to be taken)
 - E. Give nursing care (interventions in action)
 - F. Evaluate nursing care (evaluate effectiveness of intervention and/or need to change plan).
 - G. Document (this tracks the client's condition and response, care provided, and effectiveness of any teaching given)
- III. The nursing responsibility in plan of care is as follows:**
- A. The use of a nursing diagnosis provides the base on which to select and builds nursing interventions or nursing care.
 - B. Components of the nursing diagnosis are as follows:
 - Diagnostic label—problem
 - Etiology—cause or risk factor

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- Signs and symptoms—defining characteristics
- IV. Explain the use of nursing diagnoses.**
- A. A nursing diagnosis describes a client's response to disease or injury.
 - B. The most used list has been created by NANDA.
 - C. The medical diagnosis and nursing diagnosis are not the same.
 - D. The medical diagnosis describes the actual disease or injury and can be found in the ICD-9-CM codes.
 - E. The three types of nursing diagnosis are as follows:
 1. Actual problem
 2. Risk for problem
 3. Wellness issues

RESOURCES

2005-2006 NANDA-I-Approved Nursing Diagnosis

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